# IMAGING WHOLE-BODY BIOLOGICAL CIRCUITS WITH TOTAL-BODY PET

Turku PET Centre Brain Imaging Course 2025

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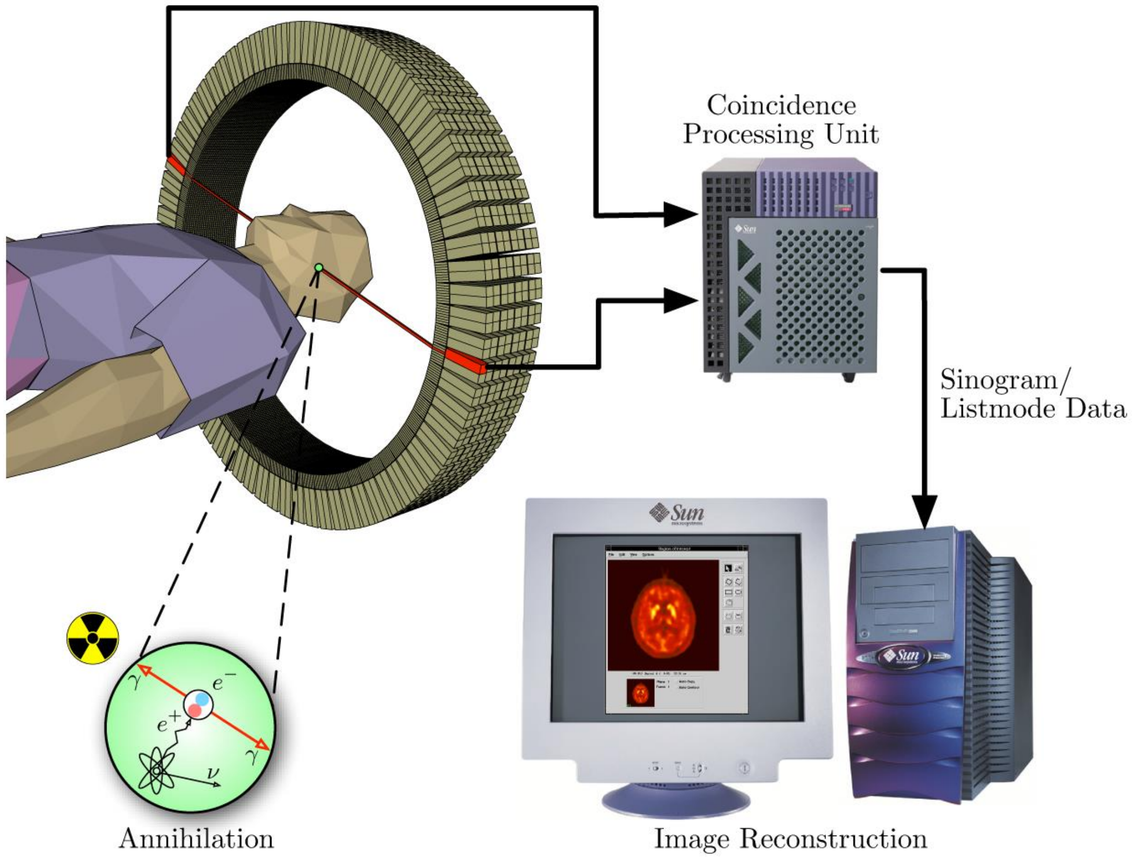
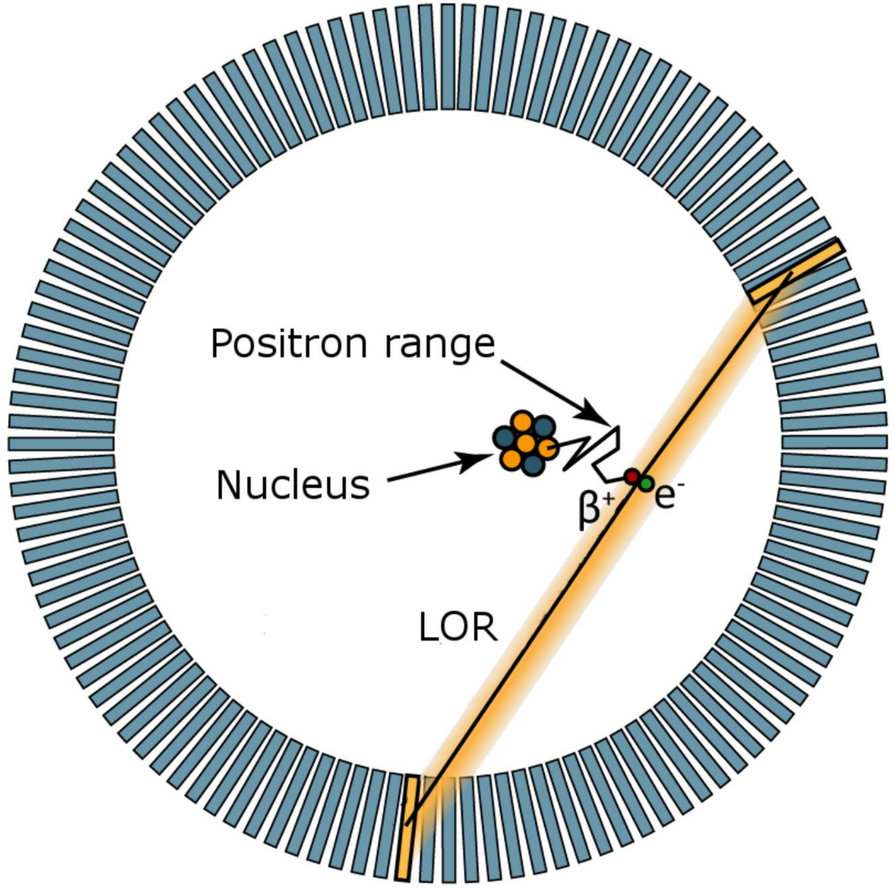
# PET is great because…

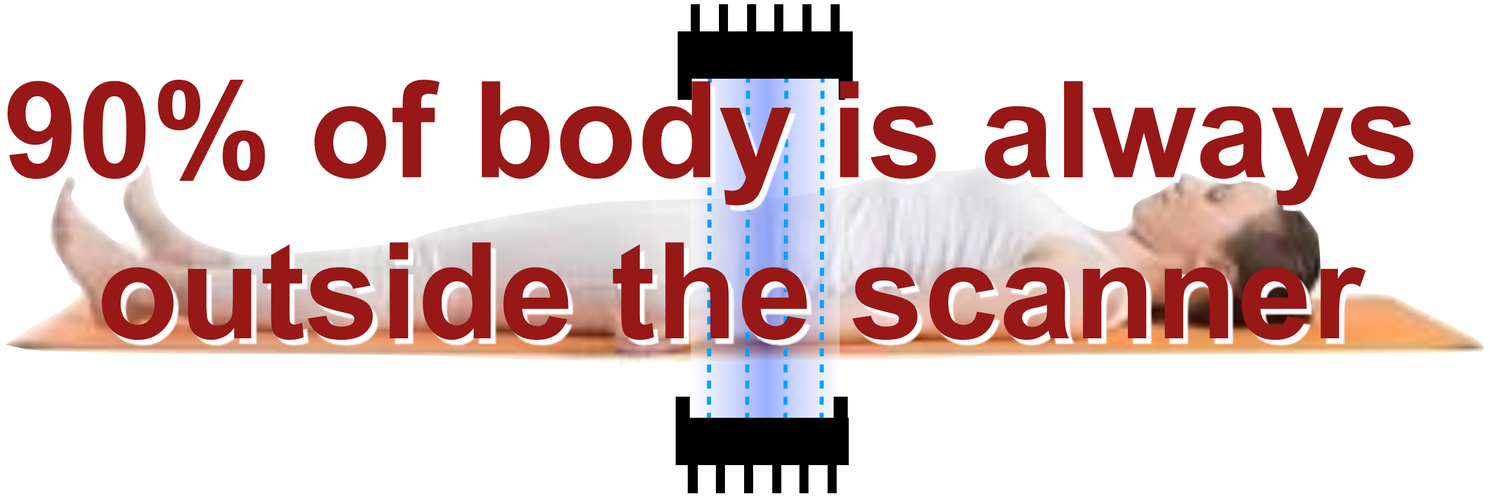
- …it has high biological specificity
- …its targets are limited only by physics and the imagination of the radiochemists
- …unlike MRI, it provides truly quantitative measurements

# Why conventional PET sucks?

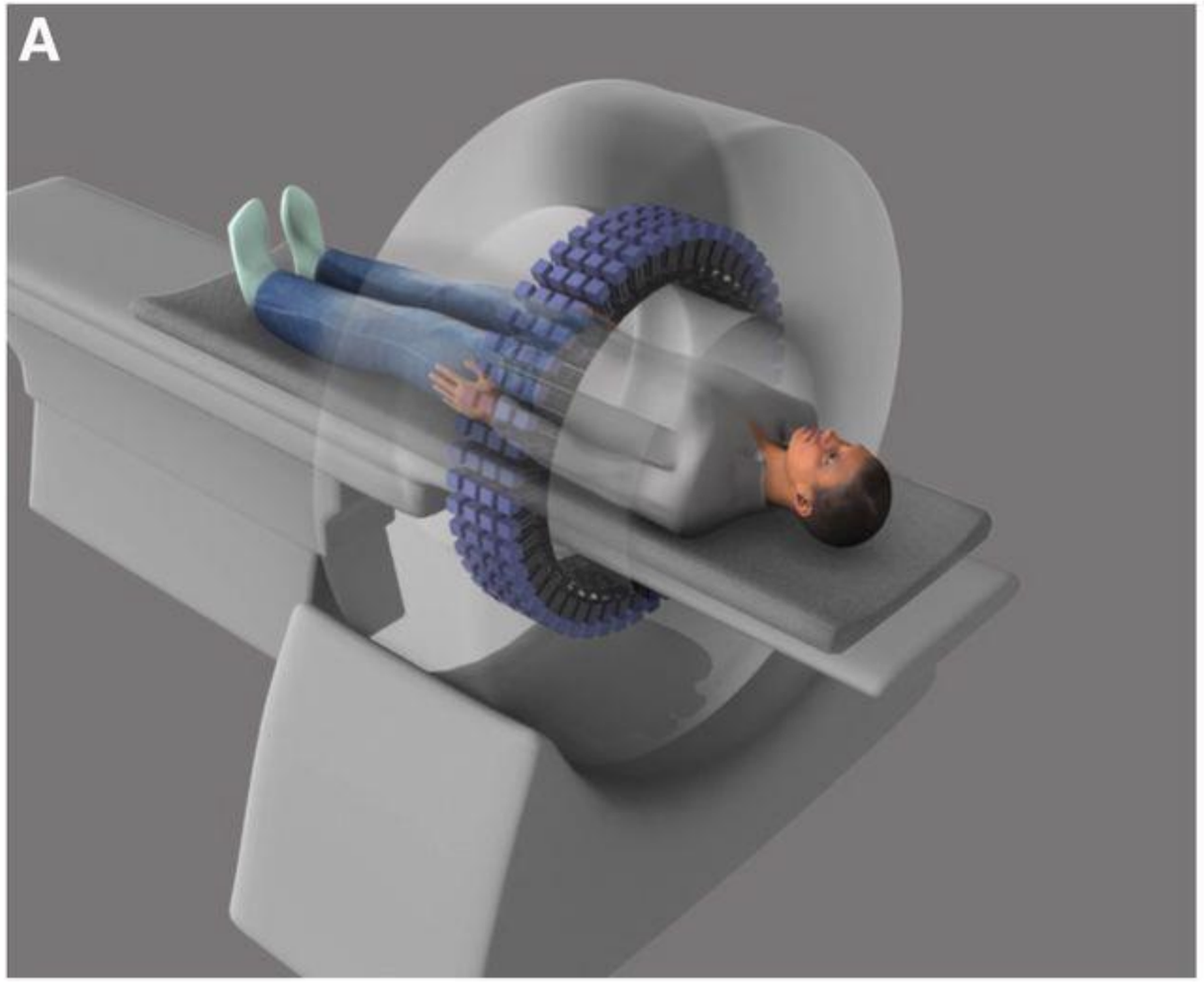


A) Linear lines of response

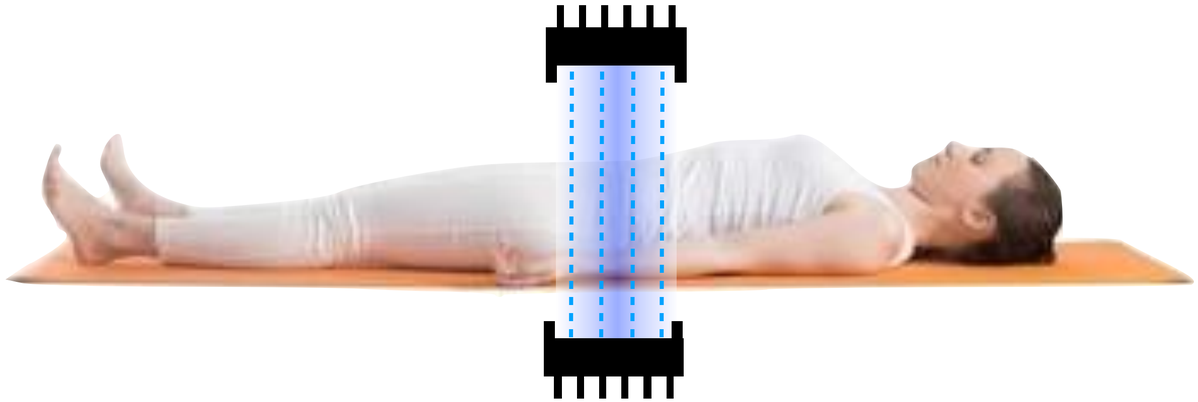



B) Angular lines of response

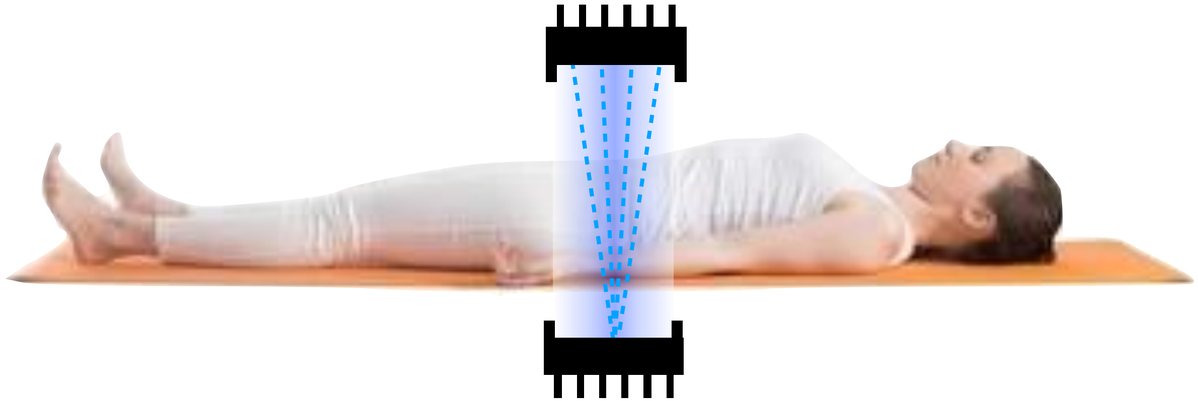



Cherry et al (2018)

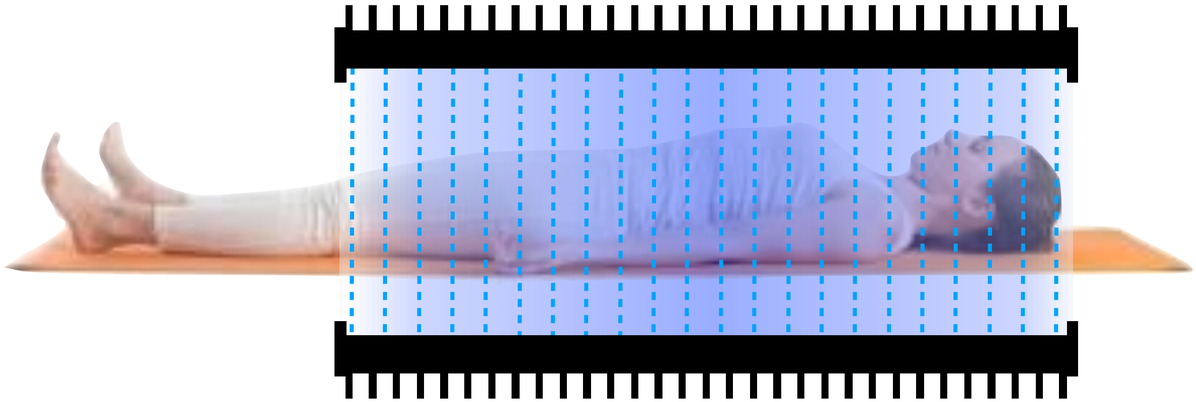
**A) Conventional PET**: linear lines of response



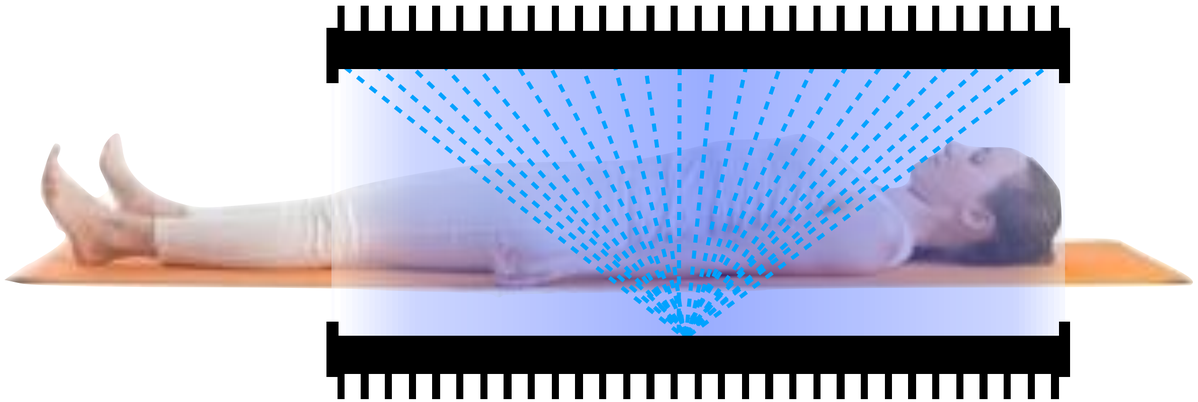
**B) Conventional PET**: angular lines of response



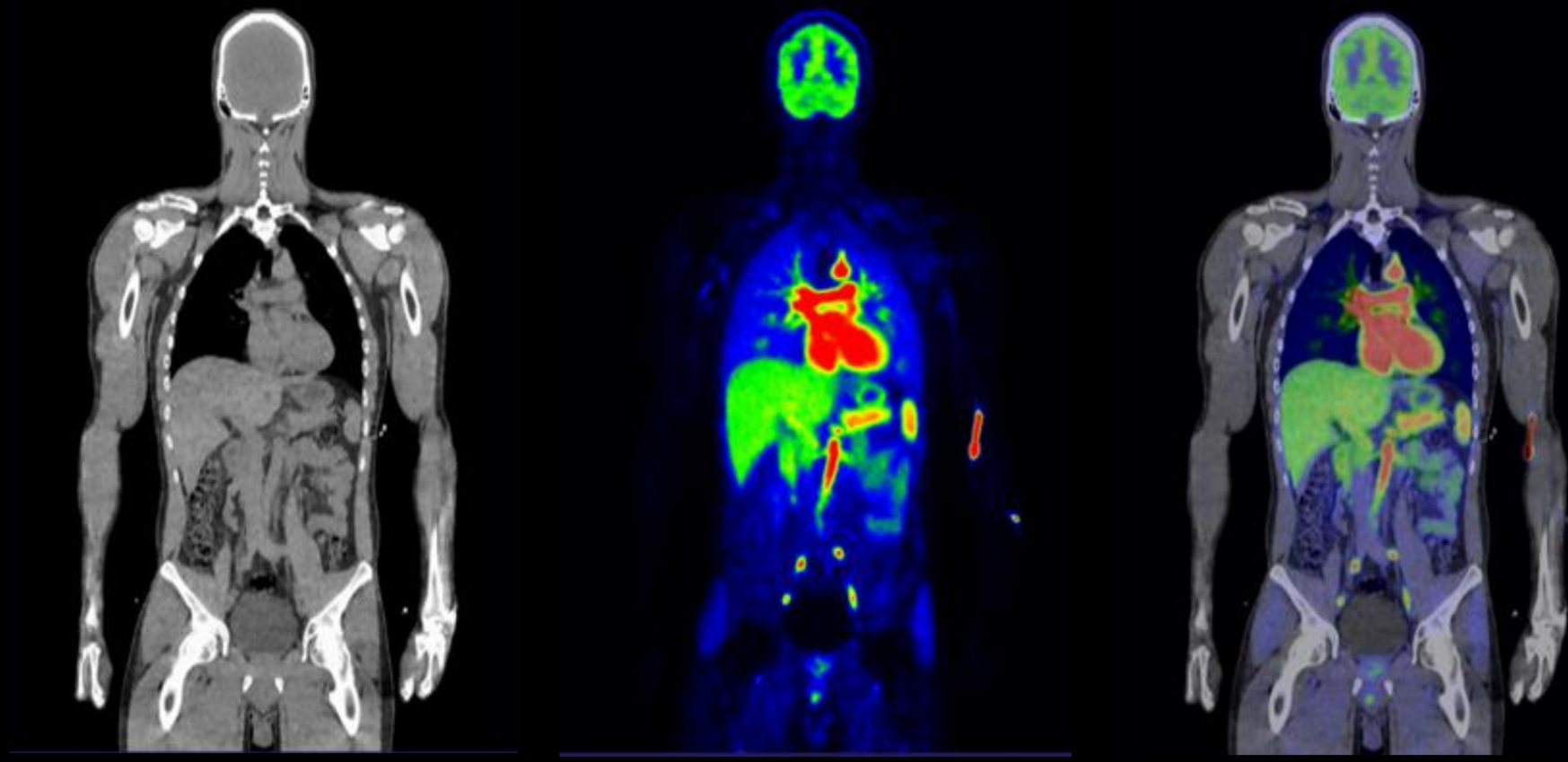
**C) Total-body-PET**: linear lines of response

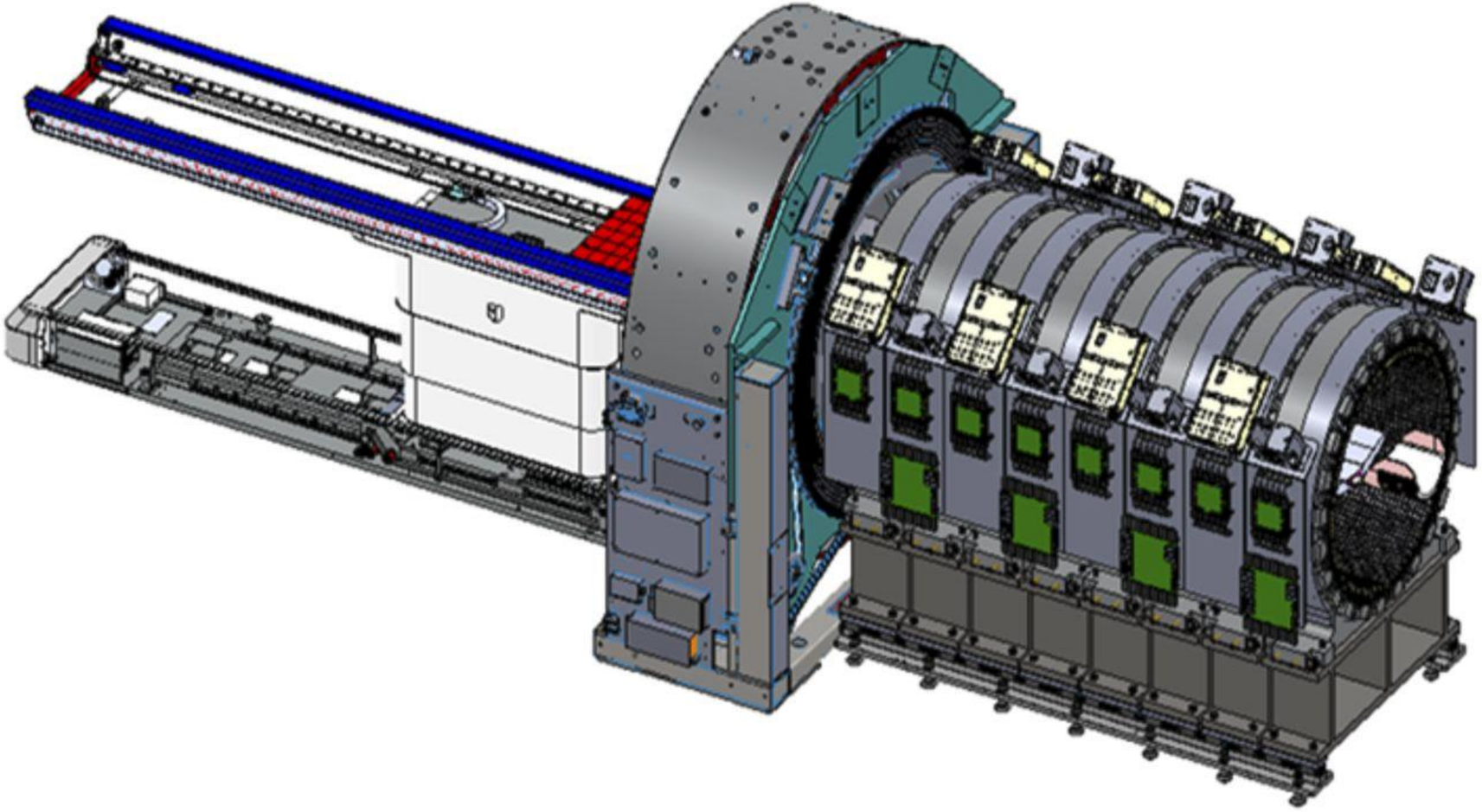


**D) Total-body-PET**: angular lines of response



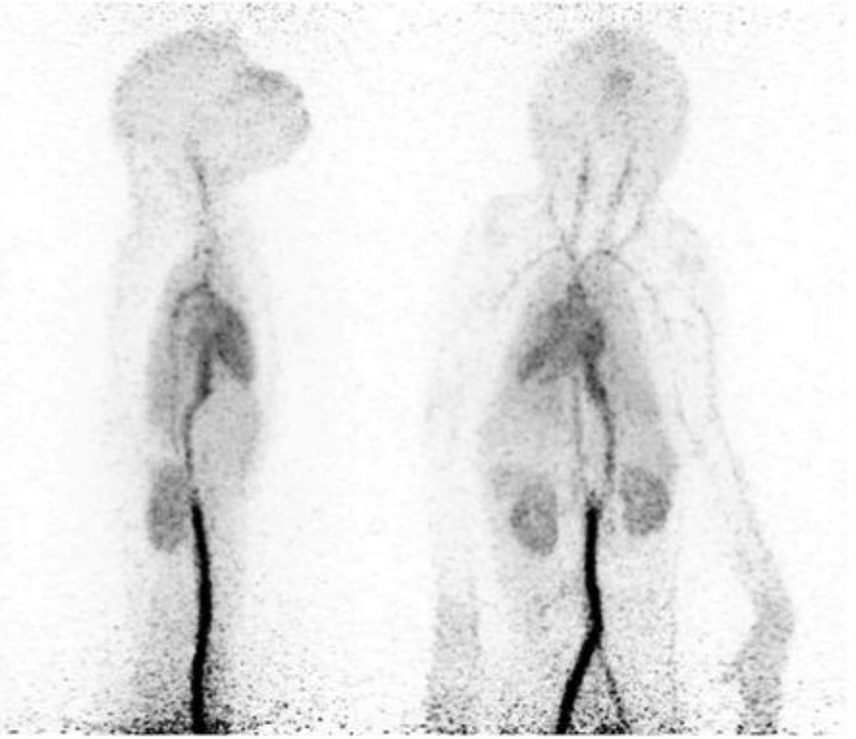
# Imaging whole-body biological circuits



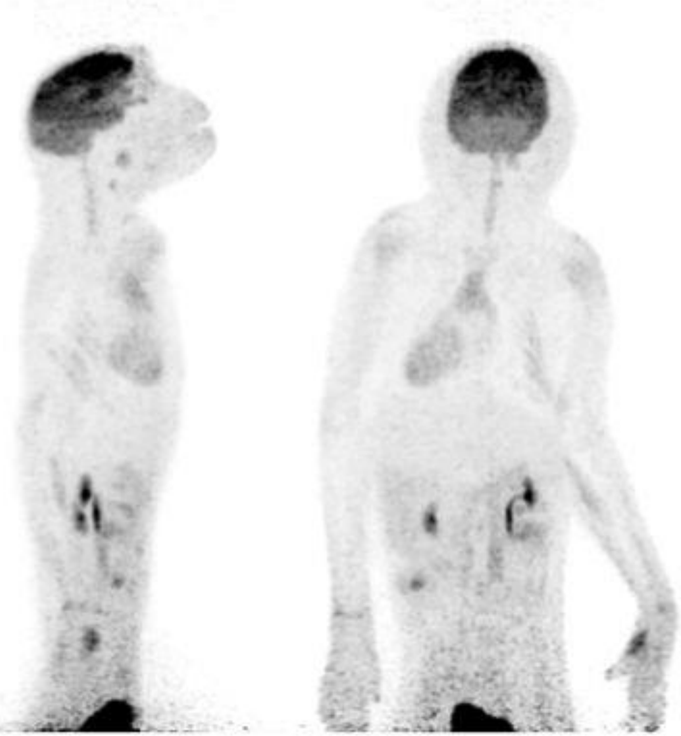


Cherry et al (2018)


EXPLORER
UNITED IMAGING
EXPLORER



0- to 30-s scan



55- to 60-min scan

Cherry et al (2018)


SIEMENS
Healthineers
BIOGRAPH Vision
SIEMENS
Healthineers

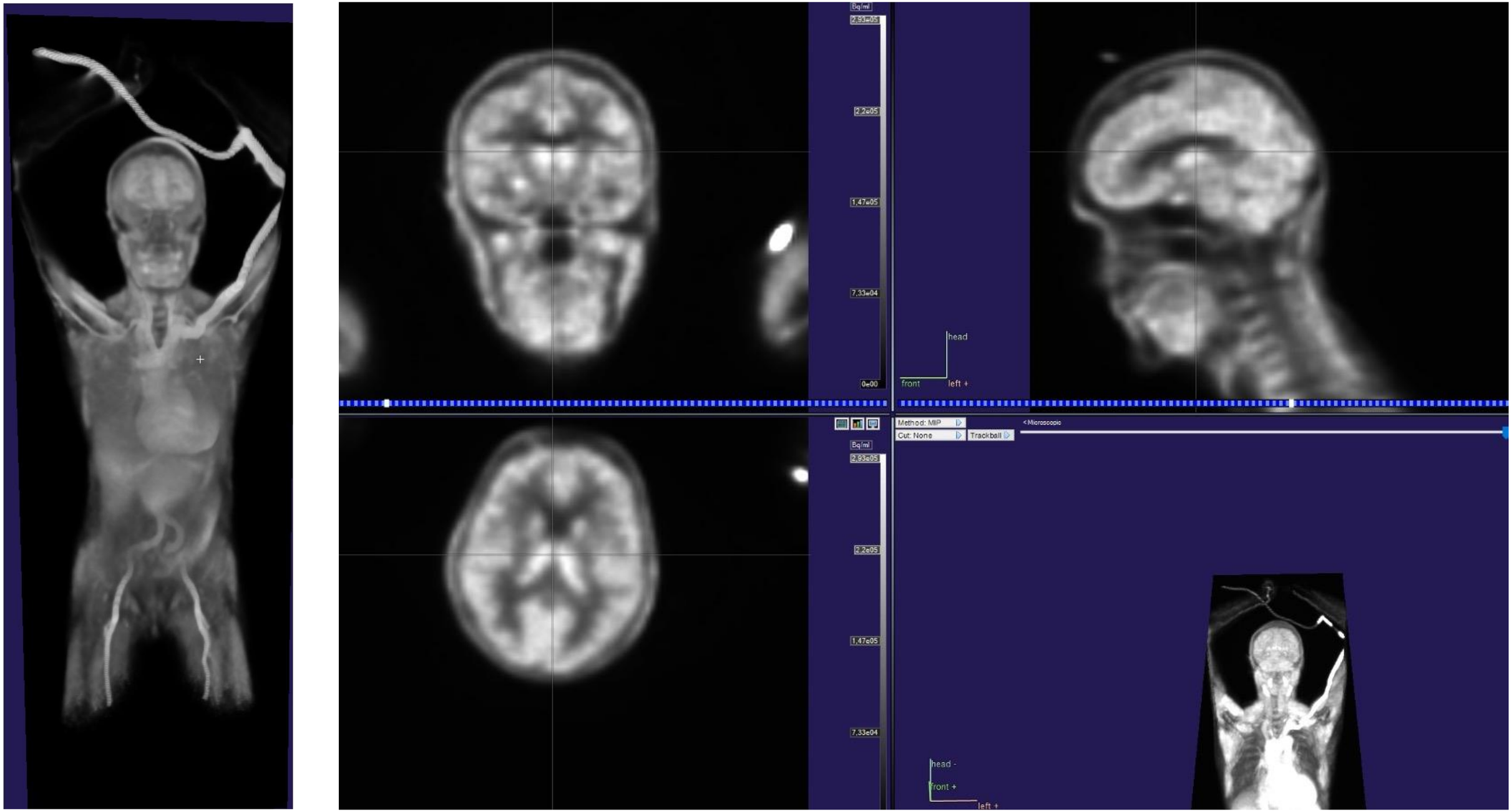
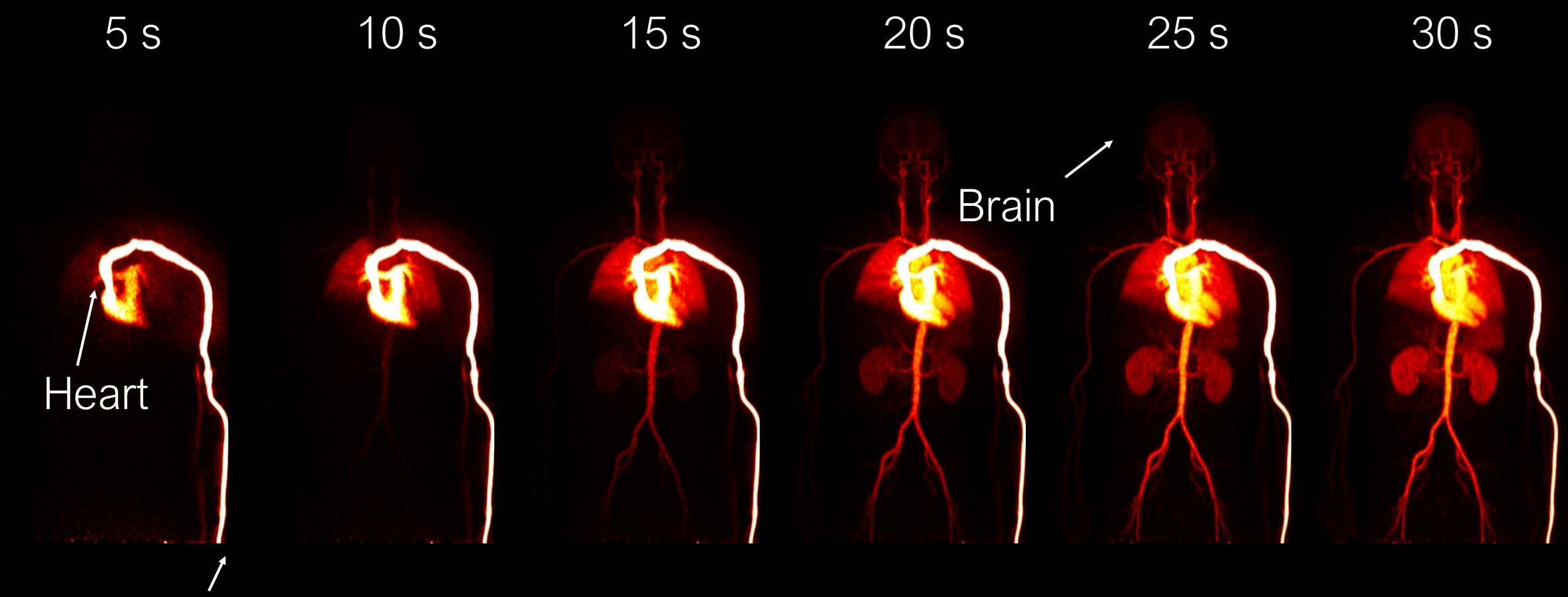


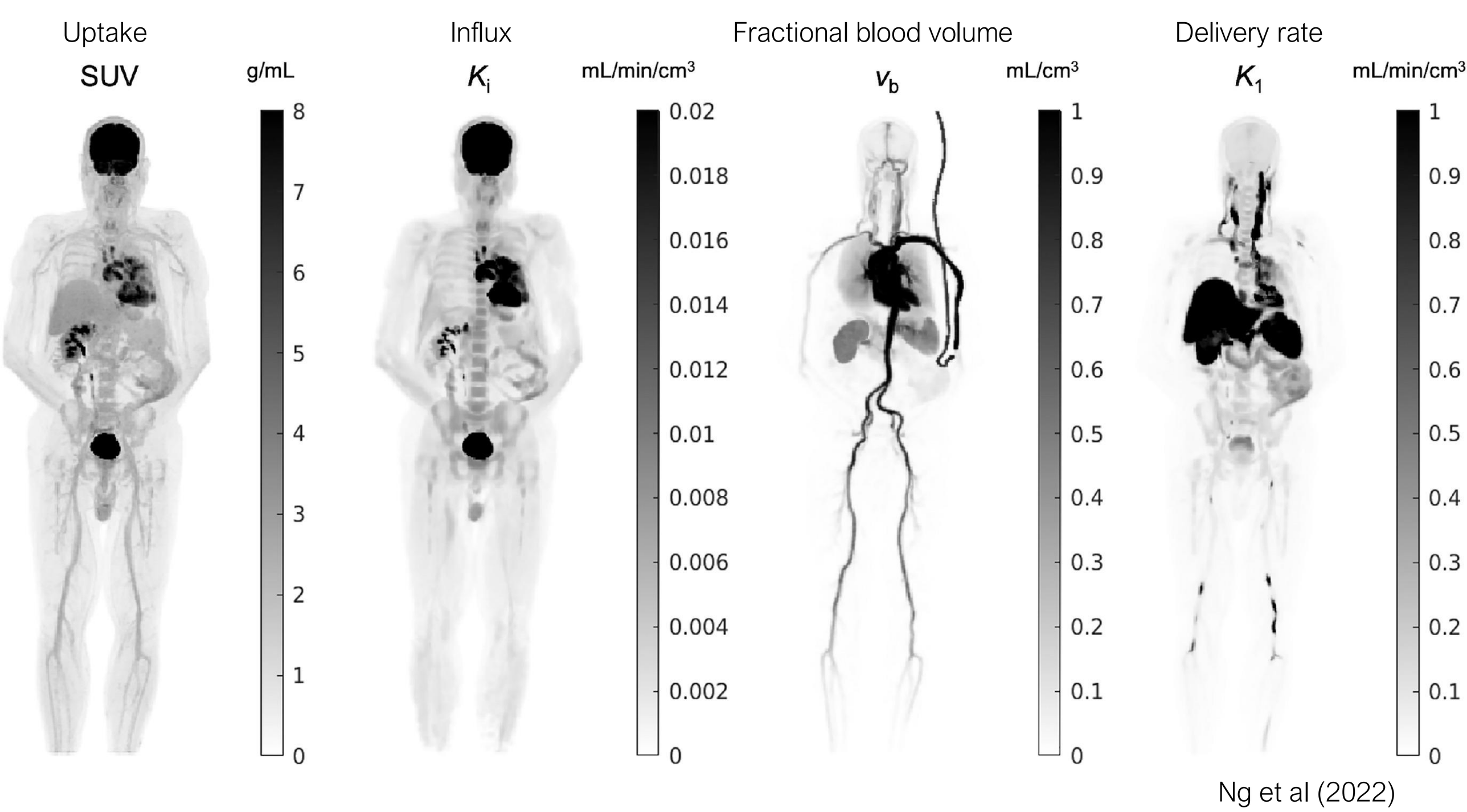

Image courtesy of Juhani Knuuti

# Systems-level PET imaging

## Perfusion imaging with $[^{15}O]H_2O$




(Kunuuti et al 2023 J Nucl Med).


Uptake
SUV
g/mL
8
7
6
5
4
3
2
1
0
Influx
$K_i$
mL/min/cm³
0.02
0.018
0.016
0.014
0.012
0.01
0.008
0.006
0.004
0.002
0
Fractional blood volume
$v_b$
mL/cm³
1
0.9
0.8
0.7
0.6
0.5
0.4
0.3
0.2
0.1
0
Delivery rate
$K_1$
mL/min/cm³
1
0.9
0.8
0.7
0.6
0.5
0.4
0.3
0.2
0.1
0

Ng et al (2022)

# Improving the SNR

- **Siemens Quadra** scanner can pick up ~24 times more gamma counts than conventional PET-CT
- **SNR** of a reconstructed PET scan is $\sqrt{N}$ where N is the number of events
- **Event detection** depends on sensitivity (S), injected activity (A) and imaging time (T) scaled by constant (k), thus $SNR = k \times \sqrt{S \times A \times T}$

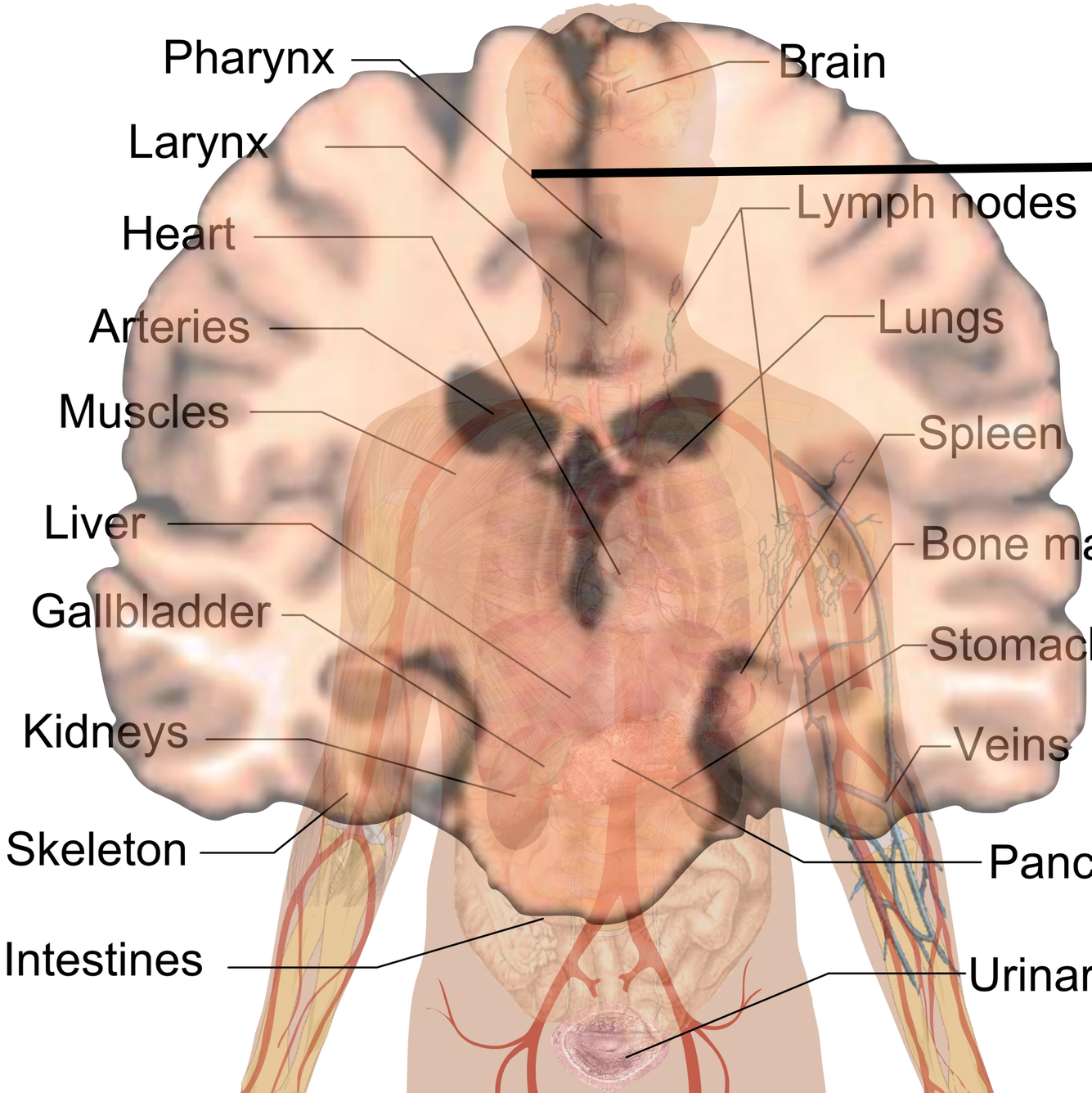
# What to do with the increased sensitivity

- **Increase SNR by a factor of $\sqrt{24}$ = 4.9** while keeping the protocol otherwise fixed
- **Reduce imaging times with a factor of 24,**
  - Routine 24-minute [18F]FDG scan could be accomplished in just one minute.
  - Significantly increases patient throughput and comfort, which decreases subject motion, further improving image quality.
- **Image-based input** can be routinely used (e.g. carotid artery) as it will be most likely in the imaging —> reduced workload

# What to do with the increased sensitivity

- **Reduce the injected activity by a factor of 24.**
  - Typical whole-body [18F]FDG scan requiring ~480 MBq injected activity —> now injection 20 MBq —>  effective doses < 0.3 mSv.
  - **Up to 40 consecutive scans** with the same effective dose that is currently received from a single scan,
  - **Permits multi-injection activation studies** with short-lived radiotracers (15O2), longitudinal studies with more datapoints, or multi-ligand studies
- **Routine whole-body imaging** allows diagnosis of conditions outside main target region

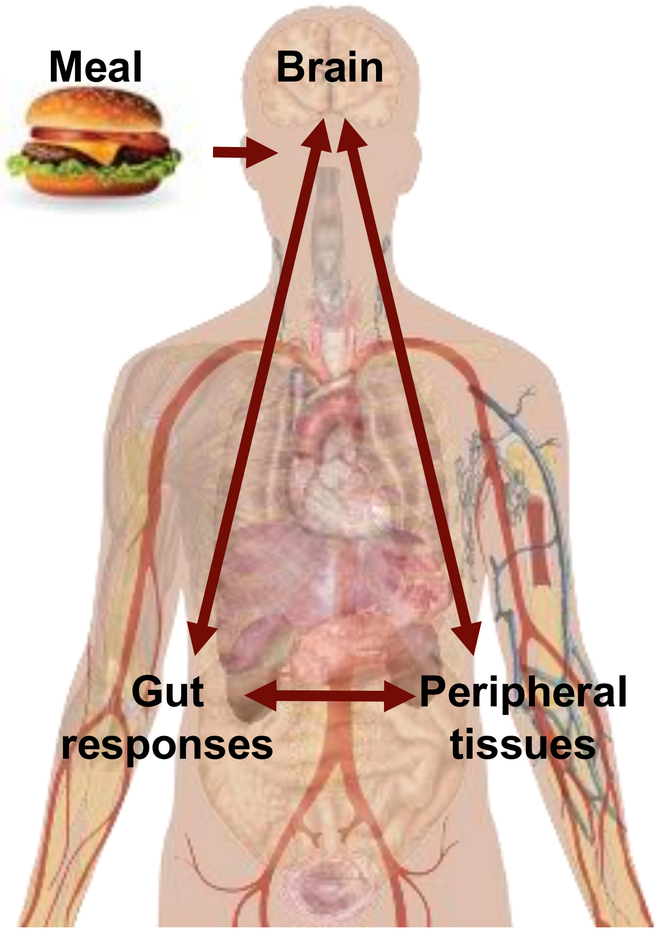
# Internal organs

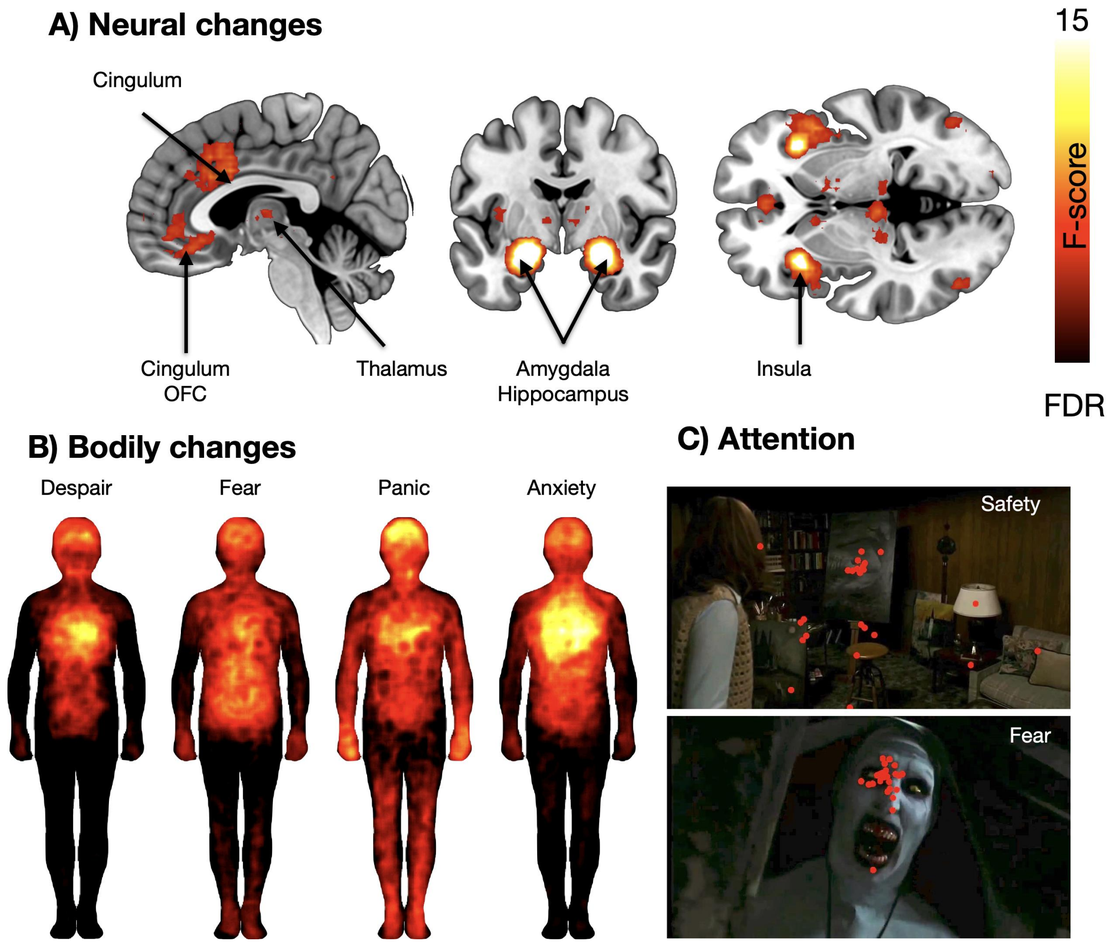



↑Brain = cool!

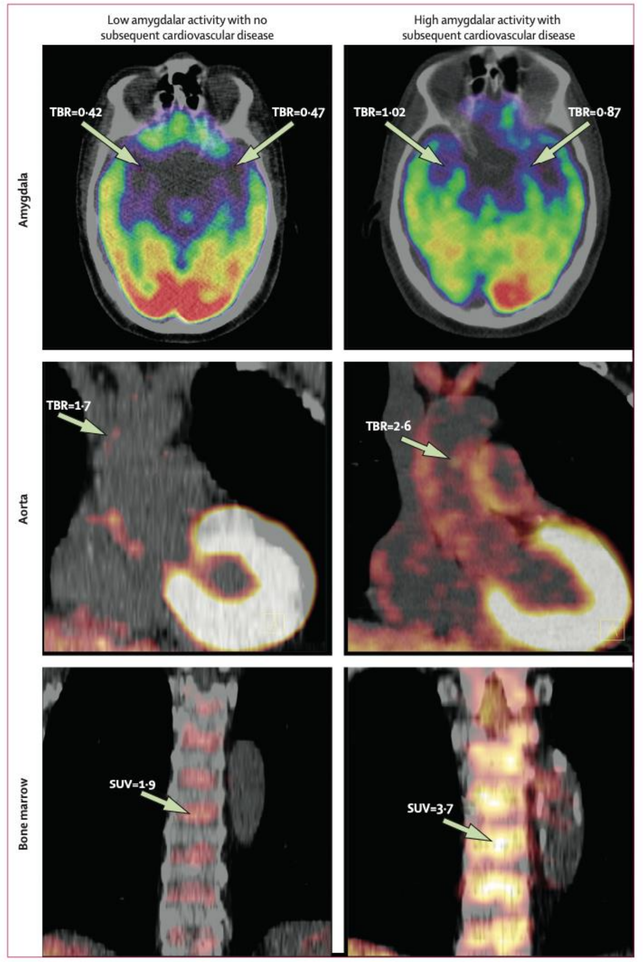
↓Gut = boring!

# Why care about the non-brain?



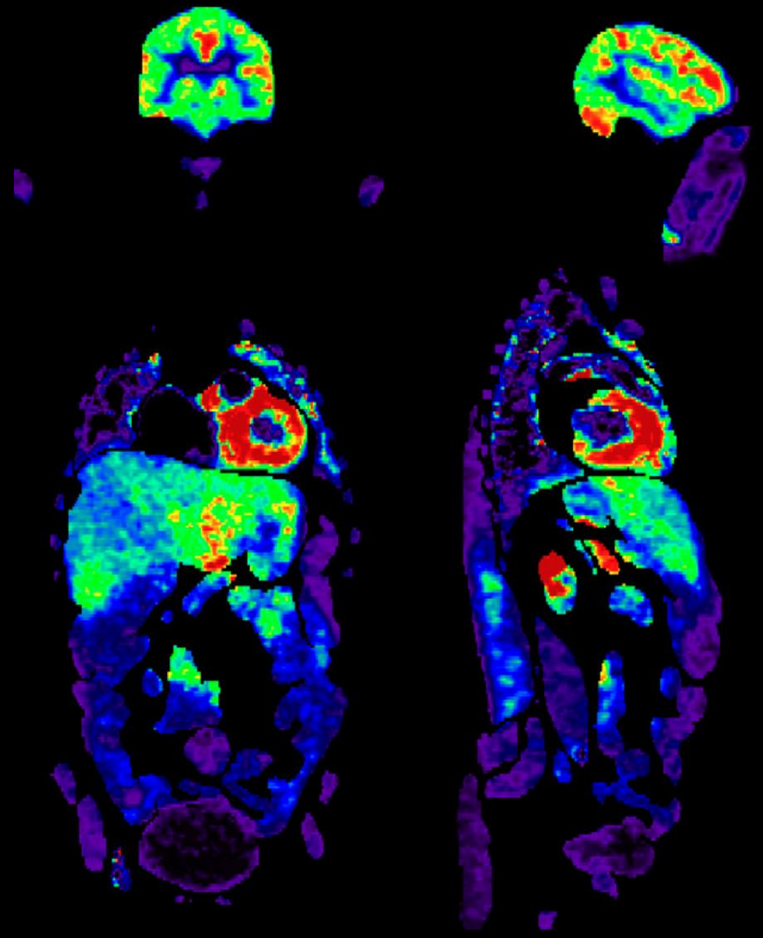

Nummenmaa et al (2018)

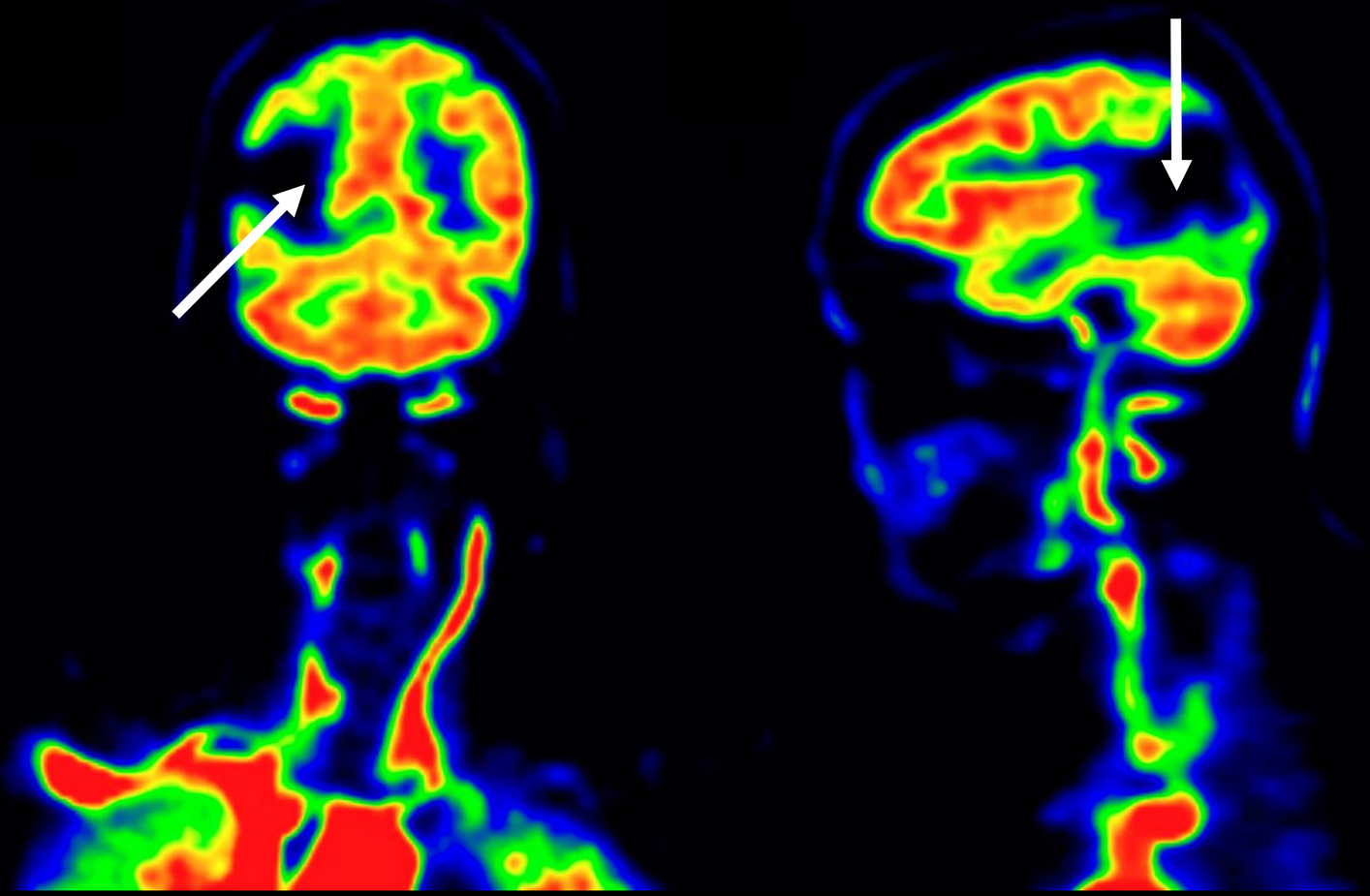



Tawakol et al (2017)

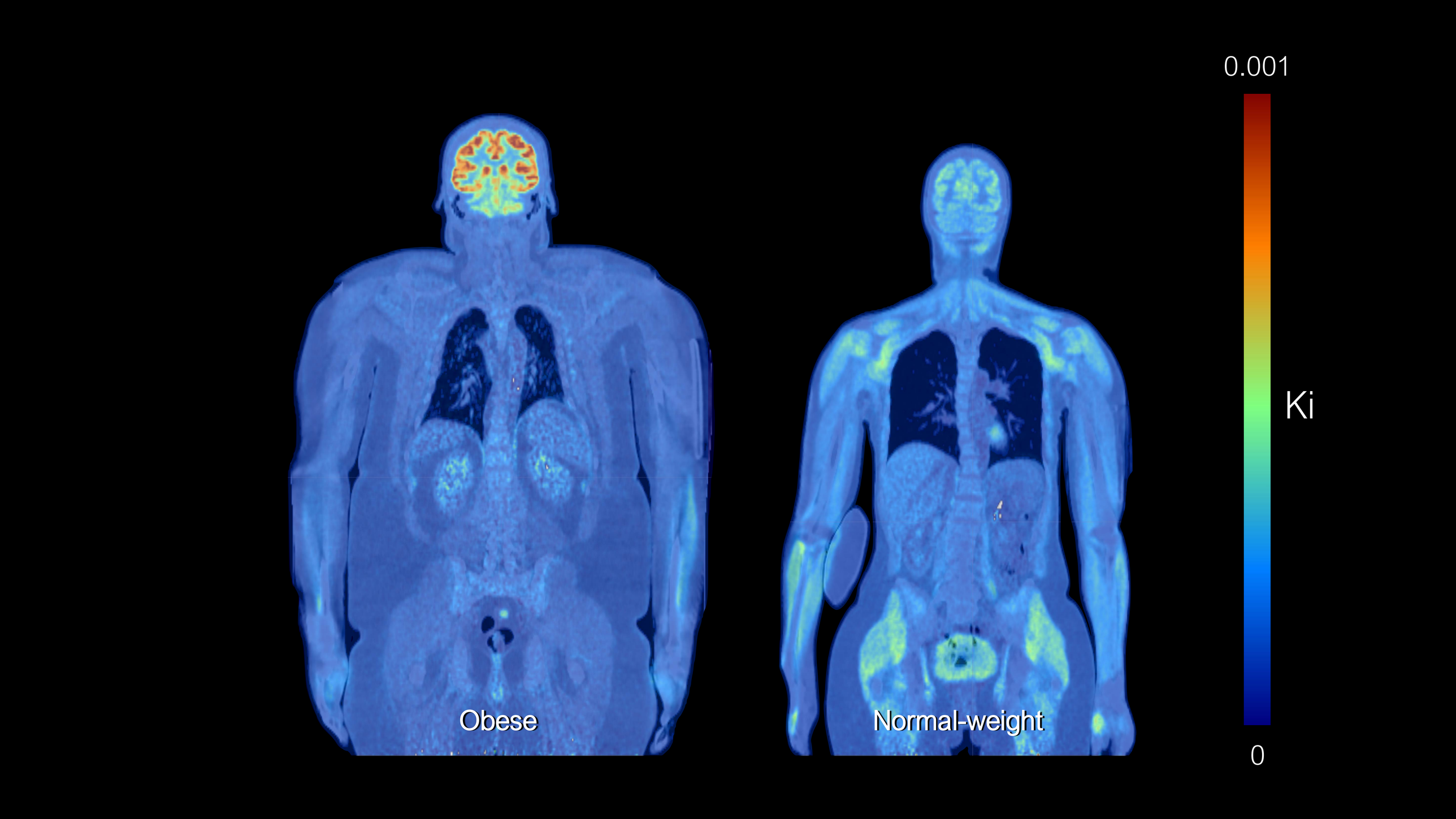
Whole-body perfusion

Brain infarction detected
during whole-body cardiac scan

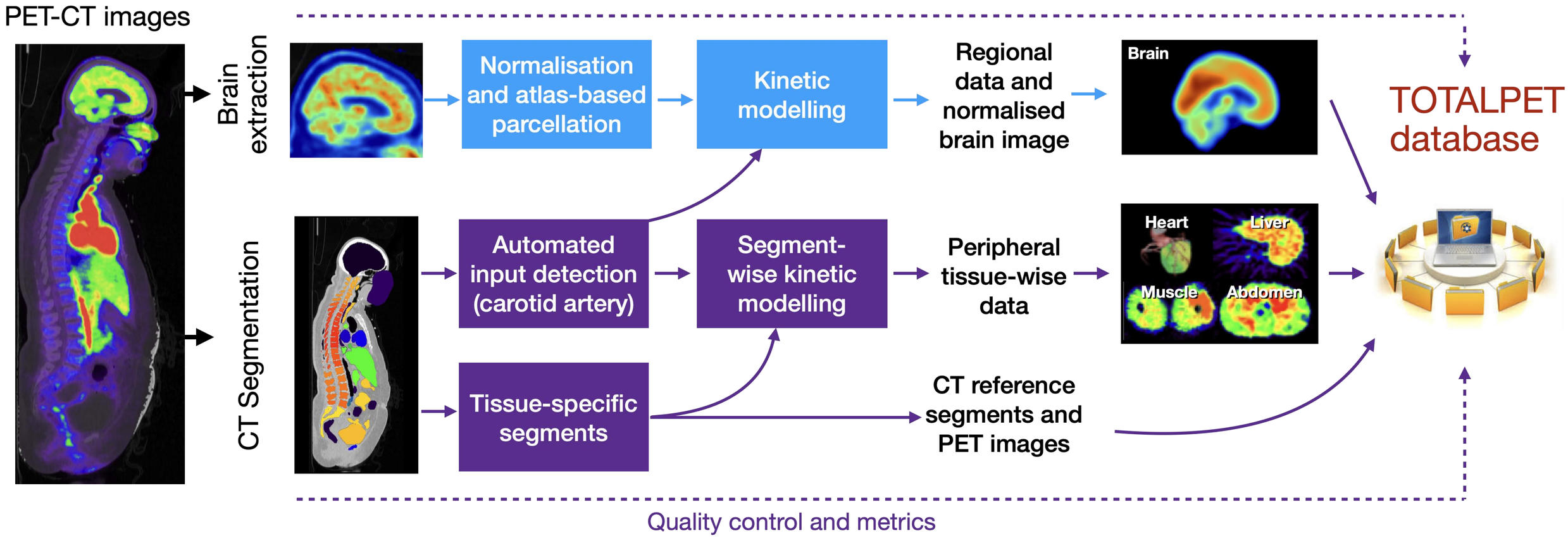




Knuuti et al (2023 J Nucl Med)

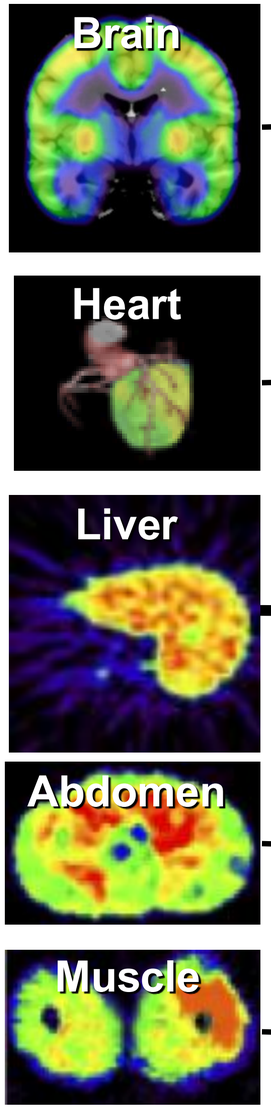

0.001
Ki
0
Obese
Normal-weight

# Turku PET Centre TURBO toolbox



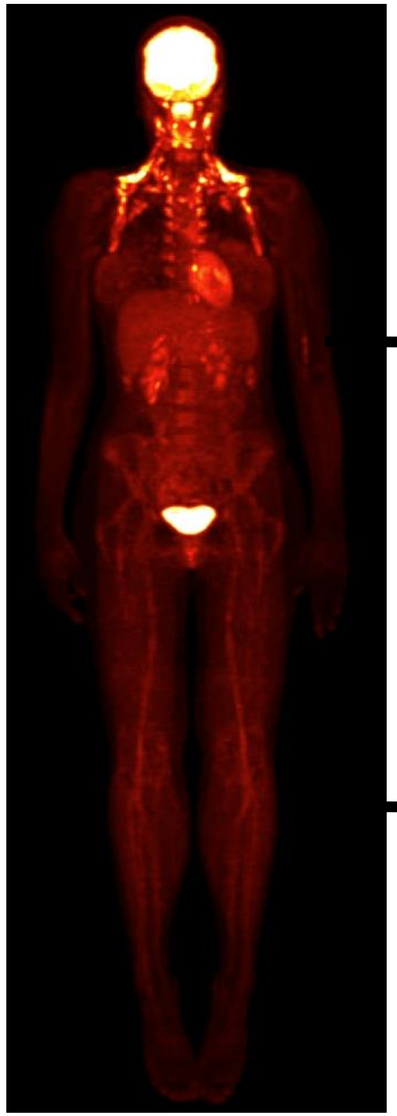
## Modern PET

Tissue-specific imaging (3 h)



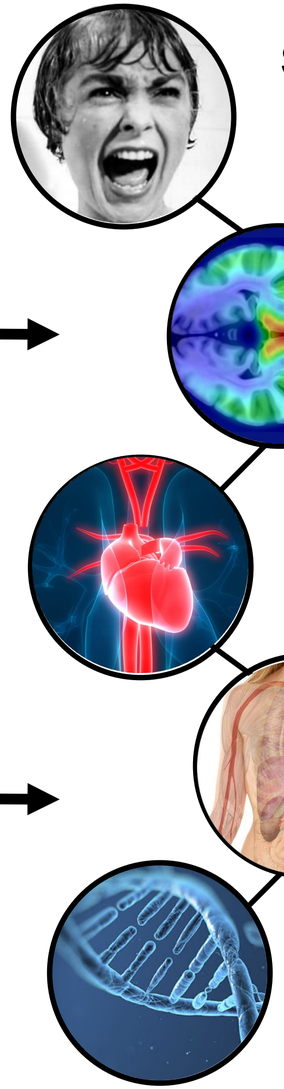

## New state-of-the art

Ultrafast total-body imaging



## Simultaneous studies of multiple systems

Multilevel measurements




## High-resolution multisystem biological imaging

Network and system level studies